



BACK-TO-SCHOOL END OF SUMMER AUGUST TIPS FOR CLEANING YOUR HOME, YARD, OR BUSINESS

Women's Equality (Aug. 26th)



August is the final full month of summer in the Northern Hemisphere. It brings peak warm weather, the end of the summer vacation season, and preparations for kids heading back to school.

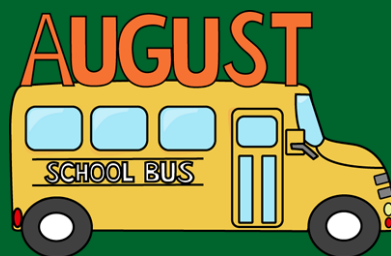
**What Happens in
August**

BACK-TO-SCHOOL

END OF SUMMER

WOMEN'S EQUALITY

**NATIONAL BLACK
BUSINESS MONTH**



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August might seem like an unusual time to think about cooler weather, but trust me, it's the ideal month to get ahead of the game. By tackling key maintenance tasks now, you can avoid the rush that often comes with the first chilly days of fall. Plus, you'll have peace of mind knowing that your home is prepared for whatever the upcoming seasons might bring.



August HOME

MAINTENANCE TIPS

- Check for leaks around toilets and sinks
- Clean out the garage
- Clean or replace showerheads
- Ensure grading around home is sloping away
- Thoroughly clean inside of fridge



Raise your mower blades higher and water deeply in the early morning to protect your lawn from August heat stress. Longer grass shades the soil to lock in moisture, while deep watering builds strong roots instead of weak, shallow ones.

Key August Lawn Care Actions

- **Mow high:** Keep your grass taller (around 3 to 4 inches) to shade the soil and block weeds.
- **Water deeply:** Soak the lawn once or twice a week rather than giving it light, daily sprinkles.
- **Skip heavy fertilizer:** Avoid heavy nitrogen feeding during peak heat to prevent burning the turf.
- **Watch for pests:** Check your grass for grubs and armyworms before they cause dead patches.



AUGUST



LANDSCAPING TIPS

Keep Your Outdoor Space Thriving!

August can be hot, dry, and tough on your landscape—but with a few smart moves, you can keep your property looking fresh and healthy right through the end of summer. Here's what to focus on this month:

1 Deep Watering



Give lawns and plants a thorough soak early in the morning to beat the heat and encourage strong root growth.

2 Deadhead & Prune



Remove spent blooms and trim back overgrowth to keep gardens looking clean and to encourage fresh flowers.

3 Weed Control



Stay on top of weeds before they go to seed. They compete for water and nutrients your plants need.

4 Feed Your Lawn



Apply a slow-release fertilizer to strengthen grass for fall. August is the perfect time to prep for cooler months ahead.

5 Mulch Refresh



A light top-up helps lock in moisture and keeps soil temperatures stable.

6 Plan for Fall Planting



Start thinking about trees, shrubs, and perennials you want to add—cooler autumn weather is ideal for planting.



Pro Tip: Keep an eye out for lawn pests like grubs





The first day of school for Montgomery Public Schools is Monday, August 10, 2026. Over 25,000 students return to classes. Community events like the Back-to-School Bash at the Multiplex at Cramton Bowl took place earlier on August 1. Families can check the Montgomery Public Schools Official Site for specific bell and bus schedules

To make the transition back to school smooth and stress-free, start shifting sleep schedules and routines a few weeks early, prep clothes and bags the night before, and practice independence with younger children or open communication with teens.

Daily Routines and Sleep

- **Reset sleep times:** Move bedtimes and wake times 15 minutes earlier every few days.
- **Plan the night before:** Lay out clothes, pack backpacks, and fill water bottles before bed.
- **Set calm mornings:** Give yourself extra time so you do not have to rush out the door.



SCHOOL SUPPLY LIST:

Middle & High School



- | | |
|---|--|
| ☐ Pencil pouch | ☐ White-Out |
| ☐ Blue or black ballpoint pens | ☐ Protractor |
| ☐ No. 2 pencils | ☐ Ruler |
| ☐ Pencil sharpener | ☐ Scissors |
| ☐ Highlighters | ☐ Graphing calculator |
| ☐ Permanent markers | ☐ Combination lock |
| ☐ Erasers | ☐ Book socks |
| ☐ Personal organizer/calendar | ☐ Backpack |
| ☐ Three-ring binder | ☐ Lunchbox or bag |
| ☐ Three-hole-punch | ☐ Plastic folders |
| ☐ Loose-leaf paper or spiral notebooks | ☐ Glue |
| ☐ Graph paper | ☐ Post-Its |
| | ☐ Subject dividers |
| | ☐ Index cards |

GH



Women's Equality Day is celebrated in the United States on August 26. It marks the 1920 adoption of the Nineteenth Amendment. This law gave women the right to vote. The day also brings attention to the ongoing push for full gender equality.

History and Meaning

- **The 19th Amendment:** Certified on August 26, 1920, it stopped the government from denying votes based on sex.
- **First Proclamation:** Congresswoman Bella Abzug led the push to create this special day.
- **Official Recognition:** Congress and the U.S. President designated August 26 as Women's Equality Day in 1973.

Local Context & Ways to Observe

- **Civil Rights & Women's History Sites:** Explore Montgomery's rich legacy of female civil rights pioneers (such as Georgia Gilmore and Rosa Parks) by visiting the Rosa Parks Museum or Equal Justice Initiative landmarks.
- **Community Advocacy Groups:** Keep an eye on local groups like *Women in Training, Inc.*, which hosts annual empowerment brunches and community drives throughout the year in Montgomery.
- **Virtual Participation:** National virtual participation and local running/walking events like the **Women's Equality Day Virtual Run** offer remote ways to log activity and mark the August 26 date.

